

# THE DREAMCATCHER



Topic: Composition of shapes



**Key terms:** creativity, designing, binding - fine motor skills, storytelling

**What we need:** stick, twine, scissors, diverse natural materials

**Estimated time:** 30 - 40 minutes

**Methods:** discovery, teamwork

**Activity description:**

Possible objectives: To extend language  
To fire imaginations through fairies  
Extend the children's knowledge of the world around them

**Activity:**

*Aim of the activity:*

To discover and use natural materials in creative activities.

*Background context:*

A nightmare is often caused by strong emotional response from the mind, typically from fear, despair, anxiety or great sadness. If a child says he has nightmares, medical or psychological help may be required.

*Before the activity starts:*

Excite the children's imagination by telling them a story about some fairies. These fairies bring dreams and only allow the nice ones to be dreamt. The nightmares have to go away (the children can help by taking part in creating the story).

*During the activity:*

Begin by finding a wooden stick and attach 5-7 pieces of twine to it. The children's task is to search for and collect some natural materials to decorate their dreamcatcher (stones, feathers, leaves, etc.) - they should describe the materials that they have chosen.

Now help the children tie their natural materials to the twine.

Once they have finished their dreamcatcher they can have a look for somewhere to hang it so that it can start to catch the bad dreams. Maybe a favourite tree or branch would work.

If you have more children, divide them into groups. Each group will create its own dreamcatcher. Make sure that each participant adds at least one of their chosen materials to the dreamcatcher.

*Possible evaluation questions for children:*

Discuss with the children different ways to use the natural materials around us. What could you use or do differently if you tried this again?

**Curriculum links:**

Art and culture

Language / knowledge of the world around you

**Sources:** © This activity sheet was created by The Take Me Out Partnership

**Notes:**

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